

## Group Schedule 2010

Name	Location	Contact	Start Date	End Date	Duration	Day / Time
Circle of Healing: A Mindfulness meditation Based Therapeutic Group for Women Survivors of Abuse and Trauma	Brampton	Susan Harris	March 29, 2010	July 5, 2010	12 weeks	Mon 6:00 – 8:30 pm
Circle of Healing: A Mindfulness meditation Based Therapeutic Group for Women Survivors of Abuse and Trauma	Mississauga	Susan Harris	Sept. 23, 2010	Dec. 9, 2010	12 weeks	Thu 10:00 am – 12:30 pm
A Mindfulness Meditation Based Therapeutic Group for Anxiety and Depression	Brampton	Leeanne Medwid Urvashi Joseph	Apr. 13, 2010	May 18, 2010	6 weeks	Tue 10:30 am – 1:00 pm
A Mindfulness Meditation Based Therapeutic Group for Anxiety and Depression	Brampton	Leeanne Medwid Urvashi Joseph	Oct, 2010	Nov, 2010	6 weeks	Tue 10:30 am – 1:00 pm
Awakening From Within: An Open Group for Women Who have Experienced Any Form of Trauma	Brampton	Valerie Anderson	Sep 21, 2010	Nov 9, 2010	8 weeks	Tue 1:30 – 3:00 pm
Awakening From Within: An Open Group for Women Who have Experienced Any Form of Trauma	Mississauga	Valerie Anderson Vicky, Trillium Hospital	Mar 25	May 6, 2010	7 weeks	Thu 9:30 -11:30 am
Woman Abuse General	Under construction					
Butterfly Women: First Stage Group for Women Survivors of Childhood Sexual Abuse	Family Transition Place, Orangeville	Jennifer Myrie Facilitator TBD	Nov 9, 2010	Feb 1, 2011	12 weeks	Tue 9:30 – 11:30 am
A Journey to Healing: General Trauma Group for Women ( <i>Alternative to Butterfly Women</i> )	Family Transition Place, Orangeville	Jennifer Myrie Facilitator TBD				
Woman Abuse (WA) - Spanish	Mississauga	Anita Ortega	April 14, 2010	Jun 2, 2010	8 weeks	Wed 3:30 – 5:30 pm
Woman Abuse (WA) – Portuguese/English	Mississauga	Ana Rocha, Sandra Bergantim, CCS	March 4, 2010	Apr 22, 2010	8 weeks	Thu 12:00– 2:00 pm
Woman Abuse (WA) - Polish	Mississauga	Mariola Malasinski				
ASHA: South Asian Group for Women Who Have Experienced Trauma	Brampton / CCS	Saima Zaheer	Sep 21, 2010	Nov 9, 2010	8 weeks	Tue 6 – 8 pm

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Best Fathers Possible	Mississauga	Boris Kris	Jan. 18, 2010	Mar 22, 2010	8 weeks	6:30 – 8:30 pm
Best Fathers Possible	Mississauga	Boris Kris	Oct. 18, 2010		8 weeks	6:30 – 8:30 pm
HMSCAT	Punjabi Community Health Centre	HEAL Supervisor, HEAL Exec. Asst.	Feb. 24, 2010	May 5, 2010	10 weeks	Wed. 5:00 -8:00 pm
HMSCAT	Howden Community Centre, Brampton	HEAL Supervisor, HEAL Exec. Asst.	Feb. 25, 2010	May 13, 2010	10 weeks	Thu. 6:00 – 8:00 pm
HMSCAT	Mississauga Central Library	HEAL Supervisor, HEAL Exec. Asst.	Feb. 20, 2010	May 8, 2010	10 weeks	Sat. 10 am – 12 pm
PRISM (Men's Project)	Brampton	Todd Elliot	Mar. 25, 2010			
PAR – (Men's) South Asian	Lancaster Public School - Mississauga	Basil Joseph, PAR Supervisor, Caseworkers	Ongoing		16 weeks	Tues. 6:30-8:30pm
PAR – (Men's) Multicultural	Brampton	PAR Supervisor, Caseworkers	Ongoing		16 weeks	Tues. 6:30-8:30 pm
PAR – (Men's) Multicultural	Brampton	PAR Supervisor, Caseworkers	Ongoing		16 weeks	Wed. 6:30-8:30 pm
PAR – (Men's) Multicultural	Mississauga	PAR Supervisor, Caseworkers	Ongoing		16 weeks	Tues. 6:30-8:30 pm
PAR – (Men's) Multicultural	Mississauga	PAR Supervisor, Caseworkers	Ongoing		16 weeks	Wed. 6:30-8:30 pm
PAR – (Men's) Multicultural	St. Marks Church Orangeville	PAR Supervisor, Caseworkers	Ongoing		16 weeks	Wed. 6:30-8:30 pm
PAR – (Men's) Multicultural - CLOSED	Brampton	PAR Supervisor, Caseworkers	Feb 16, 2010	Jun 1, 2010	16 weeks	Tue. 6:30-8:30 pm
PAR – (Men's) Multicultural - CLOSED	TBD	PAR Supervisor, Caseworkers	TBD		16 weeks	TBD